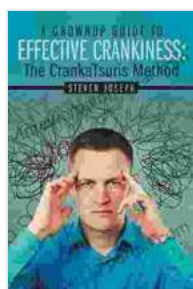


The Grownup Guide to Effective Crankiness: Master the Art of Being a Happy Curmudgeon



A Grownup Guide to Effective Crankiness:: The Crankatsuris Method by Steven Joseph

★★★★☆ 4.6 out of 5

Language : English
File size : 3974 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 186 pages



Are you tired of being told to "cheer up" and "be positive"? Do you find yourself getting more and more annoyed with the world around you? If so, then you may be a crank in the making.

Crankiness is often seen as a negative trait, but it can actually be a sign of strength and independence. Cranks are not afraid to speak their minds, even when it's not popular. They are passionate about their beliefs and they are not afraid to stand up for what they believe in.

In a world that is increasingly obsessed with happiness, crankiness can be a refreshing change of pace. Cranks are not afraid to be different and they are not afraid to be themselves. They are a reminder that it is okay to be grumpy, even when everyone else is smiling.

The Grownup Guide to Effective Crankiness is the ultimate guide to embracing your inner curmudgeon and living a more fulfilling life. This witty and insightful book will teach you how to harness the power of crankiness to improve your mood, boost your creativity, and connect with others.

In this book, you will learn:

* The benefits of being a crank * How to embrace your crankiness * How to use crankiness to improve your life * How to connect with other cranks

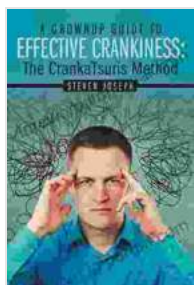
If you are ready to embrace your inner curmudgeon, then The Grownup Guide to Effective Crankiness is the book for you. This book will help you to live a more authentic and fulfilling life.

Praise for The Grownup Guide to Effective Crankiness

"The Grownup Guide to Effective Crankiness is a must-read for anyone who has ever been told to 'cheer up.' This witty and insightful book will help you to embrace your inner curmudgeon and live a more fulfilling life." - Maria Konnikova, author of The Biggest Bluff

"The Grownup Guide to Effective Crankiness is a celebration of all things grumpy. This book will help you to see the beauty in being a crank and it will inspire you to live a more authentic life." - Susan Cain, author of Quiet

"The Grownup Guide to Effective Crankiness is a funny and thought-provoking book that will help you to understand and appreciate the power of crankiness. This book is a must-read for anyone who wants to live a more fulfilling life." - Daniel Pink, author of Drive and When



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