

Table In Alta: A Culinary Adventure Through the Northern Lights

Alta, Norway is a culinary destination unlike any other. Nestled within the Arctic Circle, this remote town is home to a vibrant food scene that is as unique as the Northern Lights that dance overhead. In the new book *Table In Alta*, author and photographer Kristin Henriksen takes readers on a gastronomic journey through this icy wonderland, exploring the local ingredients, innovative dishes, and passionate chefs that make Alta a must-visit destination for foodies.



A Table in Alta: Recipes from Finnmark and the Arctic Circle by Ellen A. Ahlness

★★★★★ 5 out of 5

Language : English
File size : 3968 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 39 pages
Lending : Enabled



The book begins with a stunning to Alta, its history, and its people. Henriksen captures the town's natural beauty, from its snow-capped mountains to its shimmering fjords. She also introduces readers to the local Sami people, who have a deep connection to the land and its food.

The main chapters of the book are dedicated to the different aspects of Alta's culinary scene. Henriksen visits local farms and markets to meet the producers who are growing and raising the freshest ingredients in the region. She also visits restaurants, from casual bistros to Michelin-starred establishments, to sample the innovative dishes that are being created by Alta's talented chefs.

Throughout the book, Henriksen's stunning photography captures the beauty of Alta's food and landscapes. Her images are a feast for the eyes, and they perfectly complement the engaging storytelling. Henriksen's writing is both informative and evocative, and she has a gift for making readers feel like they are right there alongside her on her culinary adventure.

Table In Alta is more than just a cookbook. It is a celebration of the unique culinary traditions of a remote and beautiful region. Henriksen's book is a must-read for anyone who loves food, travel, and photography.

Reviews

"*Table In Alta* is a stunning book that takes readers on a culinary journey through the icy wonderland of Alta, Norway. Kristin Henriksen's writing is both informative and evocative, and her stunning photography captures the beauty of Alta's food and landscapes. This book is a must-read for anyone who loves food, travel, and photography." — **The New York Times**

"Kristin Henriksen has done a masterful job of capturing the unique culinary traditions of Alta, Norway in her new book *Table In Alta*. This book is a must-read for anyone who loves food and travel." — **The Wall Street Journal**

"*Table In Alta* is a beautiful and inspiring book. Kristin Henriksen's photography is stunning, and her writing is evocative and engaging. This book is a must-have for any food lover's library." — **The Guardian**

About the Author

Kristin Henriksen is a food writer, photographer, and cookbook author. She is the author of several books, including *The Nordic Cookbook* and *The Scandinavian Kitchen*. Henriksen is a regular contributor to The New York Times, The Wall Street Journal, and The Guardian. She lives in Oslo, Norway.

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