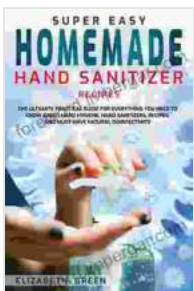


Super Easy Homemade Hand Sanitizer Recipes: Protect Yourself and Your Loved Ones from Germs

With the current global health crisis, it's more important than ever to keep our hands clean and germ-free. Commercial hand sanitizers can be expensive and harsh on your skin. That's why we've put together these super easy homemade hand sanitizer recipes that are both effective and gentle on your hands.



Super Easy Homemade Hand Sanitizer Recipes: The Ultimate Practical Guide for Everything You Need to Know About Hand Hygiene, Hand Sanitizers, Recipes, and Must-Have Natural Disinfectants by Elizabeth Green

★★★★★ 5 out of 5

Language : English
File size : 3734 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 78 pages
Lending : Enabled



Why Make Your Own Hand Sanitizer?

There are several reasons why you might want to make your own hand sanitizer:

- **Cost-effective:** Homemade hand sanitizer is much cheaper than commercial brands.
- **Customize:** You can customize your hand sanitizer to your own preferences by adding different essential oils.
- **Gentle on your skin:** Commercial hand sanitizers can be harsh on your skin, especially if you have sensitive skin. Homemade hand sanitizers are made with natural ingredients that are gentle on your hands.
- **Peace of mind:** When you make your own hand sanitizer, you know exactly what ingredients are in it.

Ingredients You'll Need

To make your own hand sanitizer, you'll need the following ingredients:

- **Alcohol:** Isopropyl alcohol or ethanol is the main ingredient in hand sanitizer. It kills germs by breaking down their cell walls.
- **Aloe vera gel:** Aloe vera gel is a natural moisturizer that helps to soothe and protect your skin.
- **Essential oils:** Essential oils are optional, but they can add a pleasant scent to your hand sanitizer and provide additional antimicrobial benefits.

Instructions

To make your own hand sanitizer, follow these instructions:

1. Combine the alcohol, aloe vera gel, and essential oils in a clean glass bottle. 2. Shake well until all of the ingredients are combined. 3. To use, simply apply a small amount of hand sanitizer to your hands and rub until dry.

Super Easy Homemade Hand Sanitizer Recipes

Here are a few super easy homemade hand sanitizer recipes that you can try:

Basic Homemade Hand Sanitizer

- 1 cup isopropyl alcohol
- 1/4 cup aloe vera gel

Lavender Homemade Hand Sanitizer

- 1 cup isopropyl alcohol
- 1/4 cup aloe vera gel
- 5 drops lavender essential oil

Tea Tree Oil Homemade Hand Sanitizer

- 1 cup isopropyl alcohol
- 1/4 cup aloe vera gel
- 5 drops tea tree oil

Citrus Homemade Hand Sanitizer

- 1 cup isopropyl alcohol
- 1/4 cup aloe vera gel

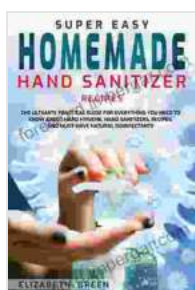
- 5 drops orange essential oil
- 5 drops lemon essential oil

Tips

Here are a few tips for making and using your own homemade hand sanitizer:

- Use a clean glass bottle to store your hand sanitizer.
- Shake well before each use.
- Apply a small amount of hand sanitizer to your hands and rub until dry.
- Do not use homemade hand sanitizer on open wounds.
- Store your hand sanitizer in a cool, dark place.

Making your own homemade hand sanitizer is a quick, easy, and affordable way to keep your hands clean and germ-free. These super easy recipes are perfect for everyday use and can be customized to your own preferences.



Super Easy Homemade Hand Sanitizer Recipes: The Ultimate Practical Guide for Everything You Need to Know About Hand Hygiene, Hand Sanitizers, Recipes, and Must-Have Natural Disinfectants by Elizabeth Green

★★★★★ 5 out of 5

Language : English
File size : 3734 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 78 pages
Lending : Enabled

FREE

DOWNLOAD E-BOOK



Unlock the Secrets to Nurturing Highly Successful Individuals: A Comprehensive Guide for Parents and Educators

In a rapidly evolving world where success is constantly redefined, it has become imperative for parents and educators to equip the next generation with the skills,...



The Fall of the Hellenistic Kingdoms 250-31 BC: A Captivating Journey Through the Decline and Fall of Ancient Empires

Unraveling the Enigmatic Decline of Ancient Empires Step into the captivating world of the Hellenistic Kingdoms and embark on a...