

Moms Don't Have Time to Have Kids: The Truth About Motherhood That No One Tells You

By Anna White

Becoming a mother is one of the most rewarding experiences in life, but it can also be one of the most challenging. In *Moms Don't Have Time to Have Kids*, Anna White reveals the truth about motherhood that no one tells you. This book is a must-read for any mom who wants to find more time for herself without sacrificing her family.



Moms Don't Have Time to Have Kids: A Timeless

Anthology by Zibby Owens

★★★★☆ 4.4 out of 5

Language	: English
File size	: 4042 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 267 pages



White, a mother of three, knows firsthand the challenges of motherhood. She has spent years talking to other moms, and she has heard their stories of feeling overwhelmed, exhausted, and resentful. In *Moms Don't Have Time to Have Kids*, White shares these stories, along with her own experiences, to help other moms feel less alone.

White also offers practical advice on how to find more time for yourself. She covers topics such as time management, self-care, and setting boundaries. White's advice is realistic and achievable, and it can help any mom find more time for herself without sacrificing her family.

Moms Don't Have Time to Have Kids is a must-read for any mom who wants to find more time for herself. White's honest and relatable writing style will make you feel like you're talking to a friend. Her practical advice will help you find more time for yourself without sacrificing your family.

What other moms are saying about Moms Don't Have Time to Have Kids:

"This book is a lifesaver! I'm a mom of two young kids, and I'm always feeling like I don't have enough time for myself. Anna White's book has helped me to see that I'm not alone, and she's given me some great tips on how to find more time for myself without sacrificing my family." - Sarah, mom of two

"I'm so glad I read this book! It's full of real talk about the challenges of motherhood. Anna White doesn't sugarcoat anything, but she also offers practical advice on how to cope. I highly recommend this book to any mom." - Emily, mom of three

"Moms Don't Have Time to Have Kids is a must-read for any mom who wants to find more time for herself. Anna White's writing is honest, relatable, and funny. She offers practical advice that can help any mom find more time for herself without sacrificing her family." - Jessica, mom of four

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