# Can I Wear My Nose Ring to the Interview? A No-Nonsense Guide to Workplace Appearance for Millennials

In today's competitive job market, it's more important than ever to make a good first impression. And that means dressing appropriately for the job interview. But what does "appropriate" mean for millennials? Can you wear your nose ring to the interview? What about tattoos? Jeans? Flip-flops?



Can I Wear My Nose Ring to the Interview?: A Crash Course in Finding, Landing, and Keeping Your First

**Real Job** by Ellen Gordon Reeves

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Enhanced typesetting : Enabled	
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The answer to all of these questions is: it depends. The best way to determine what is appropriate to wear to an interview is to research the company and the specific position you are applying for. If you're not sure, it's always better to err on the side of caution and dress more formally.

#### **Dress Codes**

There are three main types of dress codes: formal, business casual, and smart casual.

- Formal dress code: This is the most formal type of dress code and is typically required for jobs in law, finance, and other professional settings. For men, this means a suit and tie. For women, it means a dress, skirt, or pantsuit.
- Business casual dress code: This is a less formal type of dress code that is becoming increasingly common in workplaces. For men, this means a button-down shirt and dress pants or khakis. For women, it means a blouse or sweater and dress pants, a skirt, or a dress.
- Smart casual dress code: This is the most casual type of dress code and is typically allowed in creative or tech workplaces. For men, this means a polo shirt or t-shirt and jeans or chinos. For women, it means a blouse or sweater and jeans or a skirt.

#### **Personal Hygiene**

In addition to dressing appropriately, it's also important to practice good personal hygiene. This means showering regularly, brushing your teeth, and wearing clean clothes. You should also avoid wearing strong perfumes or colognes, as these can be off-putting to some people.

### **Tattoos and Piercings**

Tattoos and piercings are becoming increasingly common, but they are still not universally accepted in the workplace. If you have visible tattoos or piercings, it's important to be aware of the potential impact they could have on your job prospects. Some employers may view them as unprofessional, while others may not mind. If you're not sure how your tattoos or piercings will be perceived, it's best to err on the side of caution and cover them up during the interview.

#### Jeans and Flip-Flops

Jeans and flip-flops are typically not considered appropriate attire for a job interview. However, there may be some exceptions to this rule. For example, if you are applying for a job in a creative or tech workplace, you may be able to get away with wearing jeans and a nice top. However, it's always best to check with the company beforehand to make sure that this is acceptable.

The best way to determine what is appropriate to wear to an interview is to research the company and the specific position you are applying for. If you're not sure, it's always better to err on the side of caution and dress more formally. By following these tips, you can make a great first impression and increase your chances of landing the job.

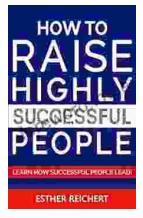


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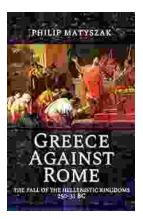
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